



City of Arts & Innovation

PRESS RELEASE

FOR IMMEDIATE RELEASE

Date: August 28, 2018

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HEALTHY SNACK DAY *City of Riverside to host event geared towards healthy eating*

RIVERSIDE, CA –

The City of Riverside Parks, Recreation and Community Services Department is hosting a Healthy Snack Day Event, in collaboration with the California Department of Public Health. This event is hosted by NEOP (Nutrition Education and Obesity Prevention) and HEAL (Healthy Eating and Active living) Zone staff. Healthy Snack Day provides taste testers or alternative healthy choices to curve salty and sweet cravings. Reviews, questionnaires, information and small activities are also provided.

This is a free event for all ages and is located at the following locations and times:

- Longfellow Elementary – 3610 Eucalyptus Ave. • 7:30 – 8:30 a.m.
- C.H.E.E.R Center – 2060 University Ave. • 9 a.m. – 5 p.m.
- Bordwell Park – 2008 Martin Luther King Blvd. • 11 a.m. – 3 p.m.
- Bryant Park – 7950 Philbin St. • 3 – 6 p.m.
- Villegas Park – 3091 Esperanza St. • 9 a.m. - Noon

Visit one of these sites listed and receive a complimentary Recipe Selector Wheel

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About Riverside

As the City of Arts & Innovation, Riverside, California is rich in history and culture, and is setting the pace in innovative practices for government, business and education. With a

population of just over 300,000, Riverside is the largest city in the Inland Southern California region, the 12th largest city in California, and the 6th largest in Southern California. Riverside is home to four internationally recognized universities and colleges that support a growing college student population of nearly 50,000. Businesses and residents in Riverside benefit from city-owned electrical and water systems, high-speed fiber optic telecommunications, an easily-accessed freeway system, BNSF and UP rail access, and a large corporate jet and general aviation airport.

With standards of excellence in technology, workforce development, arts, innovation, education and social capital the City has been named America's #2 Hot Spot for Tech (Forbes, 2013); #6 Happiest Place for Young Professionals (Forbes, 2013); #3 'Can Do' Capital (Newsweek, 2011); and the 2012 Intelligent Community of the Year by the Intelligent Community Forum.

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